

## The Learning Tree Academy Policy for Sleep Safe

Child's Name

DOB

Parent's Name

### Sleep Safe Practices

#### New Sleep Safe Regulations and Center Policies:

1. Infant is placed on their back to sleep unless center has been provided a letter by a physician authorizing another sleep position for that particular infant that includes how the infant should be placed and a time frame that the instructions should be followed.
2. No items to be placed in or on the crib with an infant but not limited to toys, pillows, quilts, comforters, bumper pads, sheepskins, stuffed toys or other soft items.
3. Center shall not attach or allow any objects to be attached to a crib with a sleeping infant but not limited to crib gyms, toys, mirrors or mobiles.
4. Appropriate sleep clothing to be provided by parents or guardian. Sleepers, sleep sacks and wearable blankets that fit according to the commercial manufacturer's guidelines and will not slide up around infant's face may be used.
5. Swaddling shall not be used unless a written physician's statement can be provided including instructions and timeframe for swaddling.
6. Individual crib, cot or mat and bedding provided and changing and cleaning practices for these items are changed and cleaned daily.
7. Infants who fall asleep in other equipment on the flop or elsewhere will be moved to a crib to sleep.
8. No positioning devices or wedges can be used.
9. Cribs shall be in compliance with the CPSC and ASTM.
10. Crib construction shall be in good repair and free of hazards.

I, \_\_\_\_\_, have received a copy of the center's sleep safe policies and procedures as required by O.C.G.A. 20-1 A-1. I understand that I am required to provide appropriate sleep clothing for my infant and a specific physician note's if my child needs care that may be in conflict to the above regulations that specifies instruction and time frame for alternative care.

Date: \_\_\_\_\_