



November 2018 Spurs



Physical Development

Focus: gain control and coordination of body movements

Take home:

Play follow the leader with your child. Encourage them to imitate your actions as you move about the room waving arms, hopping, and marching.



Parent please join us for our "Turkey-N-Dressing" Event!

November 14th 930-10am

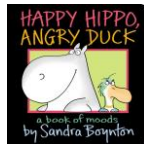
****LTA Closed Nov 22nd & 23rd****



Using senses to explore the different textures involved in growing and preparing foods!



Focus: exploring a variety of emotions



Happy Hippo, Angry Duck by Sandra Boynton

Take Home: using a mirror, explore a variety of facial expressions. Match them with different emotions and have your child imitate.



Focus: manipulate, compare and describe relationships using quantity and number

*Take home: while grocery shopping have your child count the objects as you place them in the cart (1,2,3 apples and 1,2 pumpkins) Talk about how they are the same and different.



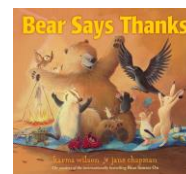
Teaching infants/toddlers sign language provides them with a way to communicate wants and needs before they are able to speak.



Seed, Sprout and Pumpkin Pie by Jill Esbaum



Apples for Everyone by Jill Esbaum



The Bear Says Thanks by Karma Wilson and Jane Chapman



Sleep duration recommendations per sleep foundation:

1 yr average 11-14 hrs
may be appropriate 9-16 hrs

